

# LUNCH

SATURDAY, JANUARY 28, 2023

## CHICKEN FETTUCCINE W/ VEGETABLES (1 CUP)

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
240	770mg	14g	11g	22g	25mg	2g

## SLOPPY JOES

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
300	540mg	20g	10g	33g	37mg	1g

## SWEET & SAVORY SLOPPY JOES

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
242	675mg	11g	6g	36g	0mg	3g

 contains wheat

 contains egg

 contains milk

 vegetarian

 vegan

 contains pork

 contains fish

 contains shellfish

 contains nuts

 ask about allergen